

Long-Term Vision Worksheet

What Is Your Long-Term Vision?

Use this worksheet to imagine your future with clarity and intention. Reflect on the areas below and write freely. This is your space to dream, plan, and define the life you're working toward.

1. Your Future Self

How would you describe the person you are becoming?

2. Relationships & Connection

What do you want your friendships, family life, and community connections to look like?

3. Health & Wellbeing

What does long-term wellbeing look like for you physically, emotionally, and spiritually?

4. Purpose & Passion

What gives your life meaning? How do you want to express your gifts?

5. Goals & Milestones

What are the major dreams or milestones you hope to reach?

6. Small Steps Forward

What is one gentle step you can take this month to move toward your vision?
