

# Faith & Encouragement

These scriptures and affirmations are designed to bring hope, peace, and spiritual strength during stroke recovery or any difficult season. Use this page as a gentle reminder that God walks with you, strengthens you, and holds you steady.

## **Joshua 1:9**

"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

## **Isaiah 41:10**

"Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

## **Psalms 46:1**

"God is our refuge and strength, an ever-present help in trouble."

## **2 Corinthians 12:9**

"My grace is sufficient for you, for my power is made perfect in weakness."

## **Faith Affirmations**

- God is with me in every step of my healing.
- I am held, supported, and strengthened.
- I am not alone in this journey.
- God's peace surrounds me and steadies my heart.
- My recovery may be slow, but God is patient and faithful.

## **A Simple Prayer**

"Lord, give me strength for today and hope for tomorrow. Calm my heart, renew my spirit, and guide my steps. Amen."