

## Home Safety Checklist (Stroke-Friendly)

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### Introduction:

This checklist helps make the home safer for stroke survivors by reducing fall risks and supporting mobility.

### Checklist Areas:

- Bathroom safety (grab bars, non-slip mats)
- Bedroom safety (clear pathways, reachable lighting)
- Kitchen safety (easy access to essentials)
- Living areas (remove tripping hazards)
- Mobility aids & supports
- Emergency readiness
- Notes & observations